

## DISCLOSURE STATEMENT

Thomas L Fusco, MA, LCPC  
License # CC 709  
8 Stanwood Street, Brunswick, Maine 04011  
207-841-8640

Licensure: Licensed Clinical professional Counselor, First issued 6/92, Current license expires 6/18

Degrees:

Masters of Arts in Psychology & Counseling , May 1971, Assumption Collage, Worcester, MA

Bachelors of Science, August, 1971, Social Services, university of New Haven, Orange, Ct.

Hours of Business: By Appointment Only

Confidentiality:

Confidentiality is a crucial aspect of the professional counselor's role. All information and records of our sessions will remain confidential except under the following special circumstances: threat of serious harm to self or others; reasonable suspicion of abuse or neglect of a child, or abuse, neglect or exploitation of an incapacitated person or dependent adult; court order; voluntary release signed by client or guardian; or during supervisory consultations. Records are retained in accordance with state and federal healthcare confidentiality laws.

Areas of Competence:

I am trained for work with individuals and groups, in the diagnosis and treatment of mental illness and interpersonal problems. My education, training and experience includes knowledge of theoretical approaches to human development and counseling theories and techniques, with a primary focus on Trauma and Substance Abuse

Course of Treatment:

Treatment typically begins with an initial intake assessment interview, which may last from an hour to an hour and a half. During the course of this interview, we may discuss your current problems and needs, your past mental health and substance abuse treatment experiences, as well as your family, social and work history. This interview is intended in to begin exploring your strengths, needs, and goals, and help us collaboratively determine what approach will most effectively aid you in achieving those goals. Based upon this initial appointment, you may choose to continue to meet for ongoing individual counseling. If we decide to continue to meet, the initial follow-up sessions will focus on discussing and further clarifying goals for therapy. Subsequent sessions will focus on addressing the issues we have identified, and monitoring progress towards stated goals. I tend to follow a client-directed model, though I draw from other theories and approaches as appropriate.

Fees and Third-Party Reimbursement:

My fee for individual therapy services is \$130.00 per one hour session. No reports or other paperwork will be sent out if there is an outstanding balance owed. Clients can make payment arrangements before an outstanding bill is sent to small claims court. I am able to accept Mainecare and am presently in-network with many insurance companies, but coverage may vary depending upon your insurance company and plan, and you may have a co-payment or deductible for services. You may wish to contact your insurer directly to determine coverage, but I can also assist you in this process. Whenever there is a monetary charge, those charges will be discussed with you before initiation of services and payment is expected at the time the service is provided.

The practice of counseling is regulated by the Board of Counseling Professionals Licensure. The board is authorized by law to discipline counselors who violate the board's law or rules. To learn about the complaint process, or to file a complaint against a counselor, contact:

Complaint Coordinator  
Office of Licensing and Registration  
35 State House Station  
Augusta, ME 04333  
Tel: (207) 624-8660  
Web: [www.maine.gov/professionallicens](http://www.maine.gov/professionallicens)

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_